

The Canadian Institute of Forestry
and Nipissing University
are proud to present:

“Raising the Bar(bell) in Kandahar”

A presentation by
Jill Peck, M.Sc. on
her recent
experience training
the troops in
Kandahar,
Afghanistan.



Jill is a long-time coach and trainer of both athletes and fitness enthusiasts. Many know her as a RPM® and BODYPUMP® Trainer at the Goodlife Fitness Centre in North Bay. She recently returned from a civilian 6-month tour in Afghanistan as the Fitness, Sports and Recreation Coordinator.



There will be no charge for this event, however, donations to Forest without Borders will be accepted.

Forests without Borders is a charitable program operated by the Canadian Institute of Forestry.

We work with existing non-government organizations to help poverty-stricken and war-torn communities around the world.

The scarcity of trees and forests in these communities and the benefits they provide (fuel, shelter, food, and water) result in a cascade of problems that undermine human security and health.

Reforestation and access to education can help solve many of these problems.



Thurs. March 4th, 2010 – 7:00 to 8:30pm
Nipissing University – Room A122 (First Floor)

